

PYRUVATE ENRICHED ONION EXTRACT

Abstract

Extracts of plants of the genus *Allium*, such as onion bulbs (*Allium cepa*), contain pyruvic acid and possess the ability to inhibit generation of organic free radicals, quench pre-formed free radicals, and to induce the activity of antioxidant enzymes such as quinone reductase, thus limiting damage due to aging such as cataracts.